

## Activities/Events May 2024

Willakenzie Space - 3057 Willakenzie Road, Eugene, OR 97401

Day / Group / Time / Instructor Email	Week 1	Week 2	Week 3	Week 4	Week 5
Thursday <b>Kitchen Warriors</b> 10:00a-12:00p <a href="mailto:Melissa.Watts@Allies-llc.org">Melissa.Watts@Allies-llc.org</a>	2 Cookies	9 Shopping for Picnic at Winco	16 Picnic at the Park (Willakenzie Park)	23 BBQ sliders and hot dogs	30 Crunchy Fruit
Thursday <b>Fit Fusion</b> 11:00a-1:00p <b>This class is held at Emerald Rec Center - 1400 Lake Dr, Eugene</b> <a href="mailto:Tracy.jones@allies-llc.org">Tracy.jones@allies-llc.org</a>	2 Park workout/ Swim	9 Fitness room/ Hot tub	16 Park sport/ Hot tub	23 Fitness room/ Outdoors	30 Meditation & yoga
Thursday <b>Self Wellness</b> 12:30p-3:00p <a href="mailto:Christina.Roque@allies-llc.org">Christina.Roque@allies-llc.org</a>	2 Spa day	9 DQ walk (bring money for a treat)	16 Painting day	23 Walk, drawing, sit in park (sidewalk chalk)	30 Sewing heat packs with lavender

**May the 4th be with you as you celebrate Cinco de Mayo,  
Mothers Day, and Memorial Day!**

**We will be closed May 27th for Memorial Day.**

## Monthly Events

### Fun Committee Event: 2024 Annual Talent Show

**When:** Tuesday, May 14th 4:30-6pm

**Where:** Whirled Pies (199 w 8th Ave)

**Cost:** Free

### Bust-A-Move (BAM) Canceled for Talent Show

### First Friday Art Walk

**Where:** Allies Annex (200 E 11th Ave, Suite 130) - Free parking behind building after 4pm

**When:** Friday May 3rd from 4:30-7:30pm

All are welcome. Please bring support if needed.

Please RSVP to Trey (email below) if setting up a table for your artwork

[Tracy.Sydor@allies-llc.org](mailto:Tracy.Sydor@allies-llc.org)

### Speed Friending

**Where:** Willakenzie Crossing (3057 Willakenzie Rd)

**When:** Friday, May 17th from 4:30-6pm

RSVP by Friday, May 10th. No DSA hours are used.

To RSVP and pay the \$20 cover charge visit: <https://www.allies-llc.org/allies-speed-friending-referral>